



# Tanzanite Gemstone



## The Properties & Lore Of Tanzanite

Composition:	$\text{Ca}_2\text{Al}_2(\text{SiO}_4)_3(\text{OH})$
Hardness (Mohs):	6 to 7
Specific Gravity:	3.35 (+ 0.10, -0.25)
Refractive Index:	1.691–1.700 (0.008–0.013); Doubly Refractive, Biaxial Positive
Crystal System:	Orthorhombic
Colors:	Blue, Violet, Green, Brown
Pleochroism:	Strongly Trichroic
Dispersion:	0.021
Cleavage:	Perfect In One Direction
Phenomena:	Cat's eyes are known. Many tanzanites display a color shift from blue in daylight to violet in incandescent light.
Handling:	<b>Ultrasonic:</b> Unsafe; never clean tanzanite with ultrasonic cleaners. <b>Steamer:</b> Not safe The best way to care for tanzanite is to clean it with warm, soapy water. <b>Acids:</b> Attacked by hydrochloric and hydrofluoric acids. <b>Heat:</b> Fuses under jeweler's torch; sudden temperature changes may cause cracking.
Enhancements:	Virtually all tanzanite is heat treated (approx. 500°C), which converts the brown pleochroic color to blue.

Tanzanite is said to help people to deal with the stress and pressure of every day life, allowing them to lead happier and lives. Indeed, Tanzanite is said to aid the flow of positivity throughout the mind, as well as stemming it of negativity.

Tanzanite also helps one to become less demanding, and obtrusive, whilst ensuring that one is not taken for granted. With the overall belief being that Tanzanite will bring both good tidings and riches to its bearer.

To some Conservative thinkers, such beliefs may appear little more than a set of peculiar beliefs, or even a clever aid to help push the sale of this beautiful gem. In reality, however the properties and lore of Tanzanite as a stone of healing, holds its root deep in ancient cultures and practices notably, India, China and Thailand, which use the stone as a part of both Litho-therapy and Crystal Healing respectively.



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Litho-therapy, which stems from the Greek meaning of 'Stone' is a practice of healing which uses minerals to rebalance and provide harmony and equilibrium to the bodies internal energy flow (Chi). Indeed, such a belief and practice has been used in almost every culture that has ever existed notably the Chinese, Greek, Egyptian, and Mesopotamians cultures.



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Metaphysically, Tanzanite is said to re-energise and bond the energies of four of the most prominent Chakra points (heart, throat, third-eye, and crown), resulting in a condition in which the mind and psychic abilities are activated and guided by the the heart.



It is believed that the birth of this stone heralds a tremendous awakening of the heart energies of the humankind. And is seen as a primary medium for balancing the spirit and alleviating the body of the toils and turmoils of the modern age.

Tanzanite is also said to open the door way to experiencing the inner worlds by allowing communication between both the spirit guides and other beings from plains generally concealed from our conscious minds.

On a physical level Tanzanite has been shown to help our bodies absorb and process zinc, restore our consciousness, eradicate toxins and poisons which can cause skin problems and to help reduce blood pressure.

Emotionally it can allow oneself to be more alert, and aware of ones surroundings and make us more at ease with others.

On another level the subtle hues radiating from the stone are said to promote generosity and to promote friendship, thus making Tanzanite an excellent gift for both friends and loved ones.